

KRSS UPDATE

Kinesiology, Recreation, and Sport Studies

Mission Statement

We prepare scholars, practitioners, and leaders in exercise, sport, and recreation by conducting cutting-edge research and maintaining a commitment to inclusive excellence, social justice, and global initiatives.

About Us

We are home to 25 faculty members and 8 staff members. There are two undergraduate majors: Kinesiology, and Recreation & Sport Management. About **1,700 undergraduate students** major in our department. Our **110 graduate students** specialize in exercise physiology, biomechanics, sport psychology/motor behavior, physical activity of epidemiology, sport management, therapeutic recreation, or socio-cultural studies.

We also **serve about 5,500 students** in our Physical Education Activity Program (PEAP).



The National Institutes of Health supports Dr. Hornbuckle's research.

Show me the Money: KRSS Faculty Score Grants

When sources outside of UT provide funds to boost our research, it's a big deal! Drs. Crouter, Hornbuckle, and Porter were among recent KRSS faculty members to receive significant funding to support their research.

The National Institutes of Health (NIH) provides over \$4 million for Dr. Scott Crouter's work on Neighborhood Risk Factors for Falls in the Elderly. This study investigates the differences in time and space use in relation to falls among older adults living in rural, suburban, and urban neighborhoods.

Continued on page 2.

Show me the Money (Continued)

NIH also supports Crouter's project on unstructured physical activity in youth. develop and validate machine learning algorithms using raw accelerometer data collected at the hip or wrist for use in youth. These algorithms will be able to detect the start and end times of free-living physical activity bouts, classify the type of activity being performed, and estimate energy expenditure, significantly improving upon current methods.

In May, Crouter further expanded his CV by adding a 4-year grant from NIH worth \$2.6 million. The study is titled "Use of accelerometer and gyroscope data to improve precision of estimates of physical activity type and energy expenditure in free-living adults." In previous studies, Crouter and colleagues had shown that the use of a gyroscope sensor in addition to an accelerometer sensor (commonly only used in most devices) significantly improves estimates of energy expenditure and classification of activity type. This project will build on that work to develop and validate machine learning algorithms using raw accelerometer and gyroscope sensor data collected at the hip and wrist for use in free-living adults. These algorithms will be able to estimate energy expenditure and classify the type of activity being performed.

Dr. Lyndsey Hornbuckle just finished her first year of a 2-year training grant funded by the NIH National Cancer Institute. For this project, she is working with collaborators at the Oregon Health & Science University to engage the African American cancer community in partner-based exercise intervention research.

Dr. Jared Porter received over \$90,000 from an American aerospace manufacturer. Dr. Porter's research investigates how humans learn/re-learn motor skills and how the human nervous system generates skillful movements. His research has practical applications to various settings such as military/tactical mission planning and performance, patient rehabilitation, coaching education, competitive sport settings, and occupational training venues.



Dr. Scott Crouter



Dr. Jared Porter

Look at Us Now!

New Team Members



Dr. Kevin Becker...

...will be a new Associate Professor in Sport Psychology & Motor Behavior. His research examines factors that either promote or inhibit motor learning and performance.

Greg Ditmore...

...is our new Accounting Specialist. He assist the Business Manager with fiscal, office operations, human resource, academic, and data management responsibilities, and provide advanced administrative support.



Dr. Lauren McHenry...

...will be a Lecture in Sport Psychology and Motor Behavior. She is a Certified Mental Performance Consultant (CMPC) and a National Certified Counselor (NCC). She is also in private practice as a Mental Performance Consultant and Coach Developer.



Look at Us Now!

New Team Members

Dr. Kelsey Webb...

...will be a Clinical Instructor in Therapeutic Recreation. In addition to teaching, she will serve as Program Director for Camp Oginali, Koinonia Retreat, and Camp Koinonia.



Dr. Kip Webster...

.....will be a new Associate Professor in Sport Psychology & Motor Behavior. She comes to us with particular expertise in grant writing. Her focus is on fundamental motor skills and physical activity behaviors in pediatric populations. See her spotlight on page 12.



Dr. Togy Zagdsuren...

...will be a Clinical Assistant Professor in Exercise Physiology. She joins us from the University of Alabama, where she earned her PhD focusing on automatic evaluation of physical activity and sedentary behavior.



Look at Us Now!

New Team Members



Alley Haney...

...is an Administrative Specialist. She supports the department's central operations by providing administrative support to the department. Did you know she played 17 years of competitive soccer?

Promotions

Congratulations to all our team members who received promotions!

Hamilton, Ashley (Assistant Director of Student Support)

Hillyer, Sarah (Clinical Associate Professor)

Hornbuckle, Lyndsey (Associate Professor)

Jacobs, Amy (Advisor II)

Kutz Fleming, Jessica (Associate Professors of Practice)

Porter, Jared (Professor)

Smith, Scott (Director of Physical Education and Activity Program)

Trexler, Carrie (Director of Student Support)

Position Change

Dr. Jed Blanton is now on tenure-track as an Assistant Professor in Sport Psychology and Motor Behavior.

Look at Us Now!

Professors Emeriti

Congratulations to Dr. David Bassett and Dr. Les Fisher on their recent retirement!



David Bassett joined the ranks of Professor Emeriti. He retired at the rank of Professor and Department Head. Dr. Bassett is an international expert in the measurement of physical activity and energy expenditure in humans, using objective methods. In 2010, he became a Fellow of the National Academy of Kinesiology.



Les Fisher is now a Professor Emerita. She retired at the rank of Professor. Dr. Fisher has been a Fellow of the Association for Applied Sport Psychology since 2011. As a scholar and educator, she is known for her work in cultural sport psychology and increasing athlete empowerment.

New Appointments

Thank you to our colleagues who are taking on new leadership roles:

Dzikus, Lars (Interim Department Head)

Porter, Jared (Associate Department Head)

Wozencroft, Angela (Interim Director of Graduate Studies)



Partners in Sport

Partners in Sports is the **student organization for Sport Management majors** and other students at the University of Tennessee who are interested in pursuing careers in the sport or recreation industry. The organization is active within the university and regional sports community. The mission of the organization is to create opportunities for tomorrow's sports leaders through practical experiences and professional development opportunities.

Partners in Sports has **more than 140 student members** from various undergraduate and graduate programs at The University of Tennessee.

Each year Partners in Sports recognizes students with special awards and scholarships who go above and beyond in sport management and display leadership qualities that will help them succeed both in the academic world and also once they receive their degrees. The organization has **awarded nearly \$220,000 to students** since its inception in 1998.

Partners in Sport 2021-2022 Year in Review

Partners in Sport had another successful year engaging our students in hands-on experiences and networking with industry leaders. Here are some highlights:

Greg LeMond Lecture

Co-sponsor of A Conversation with Cycling Legend Greg LeMond. LeMond is a three-time Tour de France Champion and considered America's greatest cyclist. LeMond discussed his career, the future of cycling, and the reintroduction of his iconic LeMond brand bike manufactured in Knoxville. More than 200 people attended the event held at the Student Union on campus.

Name, Image, and Likeness (NIL) Panel Discussion

The ability for collegiate athletes to monetize their Name, Image, and Likeness has been a trending topic the past year. Tennessee



Athletics Director of NIL Kathryn Jones was joined by Bill Timpano (Director of Compliance, Tennessee Athletics), Sheridan Gannon (Head of Media & Entertainment, Spyre Sports Group), and John Fulkerson (Student-Athlete, Tennessee Basketball) to discuss the evolution of NIL. The panel addressed the impact of NIL on collegiate athletics as well as how to manage NIL opportunities for student-athletes.



Women's Roundtable

Dr. Monica Lebron, Deputy Athletics Director for Championship Resources for Tennessee Athletics, was the guest for the 12th Women's Roundtable. Nearly 20 women gathered to discuss issues and challenges facing women in today's work environment.

Diversity Roundtable

The inaugural Diversity Roundtable was held with Marshall Steward as the guest. Steward is the Assistant Provost and Associate Athletics Director for Academic Services for Tennessee Athletics. Steward shared his experiences working in collegiate athletics and offered professional guidance to the attendees.

Success in Sport Panel

The Success in Sport Panel provided the opportunity for students to hear from three program graduates about their career journey and experiences. The panel featured Vanessa Gonzalez (Tennessee Athletics, Academic Services), John Janis (Tennessee, Campus Recreation), and Kate Wojciechowski (Ripken Baseball).

Spring Reception

Eleven students were recognized at the Spring Reception for their professional development, academic achievement, and commitment to Partners in Sports. Students received a total of \$25,000 bringing the total awarded since the organization's inception in 1998 to more than \$250,000.

Volunteer Activity Highlights

Phillip Fulmer Golf Classic, Visit Knoxville Open, USA Cycling National Road Racing Championships, Tennessee Relays, Tennessee Challenge, SEC Football Championship Game, SEC Men's Basketball Tournament, Tennessee Titans Regional Spelling Bee, Josh Dobbs ASTROrdinary Golf Classic, Tennessee Letter- men's Golf Tournament, 4-H Kids Camp, Legacy Parks Luncheon, First & Second Round NCAA Women's Basketball Tournament, SEC Swimming & Diving Championship.



Moving up in the World

In 2021, Sport Business International ranked our **Sport Management master's concentration 16th in the United States** and **29th in the world**. We moved up four spots nationally and five ranks globally in one year.

In the Recreation and Sport Management master's program, we offer two concentrations:

- Sport management
- Therapeutic recreation

The concentrations emphasize the experiential education approach to professional preparation. Students graduating from this program gain practical experience to accompany their academic degree.

Where will we land at the end of this year?

Recreation and Sport Management (RSM)

Quality You Can Trust!

Employers increasingly look for graduates who come from accredited programs. Our graduates are ready!

Council on Accreditation of Parks, Recreation, Tourism, and Related Professions

The undergraduate Recreation and Sport Management program is accredited by the Council on Accreditation of Parks, Recreation, Tourism, and Related Professions (COAPRT). COAPRT recognizes academic programs in colleges and universities that prepare new professionals to enter the parks, recreation, tourism and related professions. COAPRT accreditation is a status granted to an academic program that meets or exceeds stated criteria of educational quality. In the United States, accreditation of professional preparation curricula is conferred by non-governmental bodies, which are often closely associated with professional associations in the field. COAPRT accredits baccalaureate degree programs in this profession.

Currently, there are 75 accredited undergraduate programs in the United States. Our Recreation and Sport Management program (Therapeutic Recreation and Sport Management concentrations) has been accredited since 1983.

Eleven students were recognized at the Spring Reception for their professional development, academic achievement, and commitment to Partners in Sports. Students received a total of \$25,000 bringing the total awarded since the organization's inception in 1998 to more than \$250,000.

Commission on Sport Management Accreditation

This year, we are going through a vigorous program review to become fully accredited by the Commission on Sport Management Accreditation (COSMA). This will apply to the undergraduate and graduate programs in recreation and sport management. is a specialized accrediting body whose purpose is to promote and recognize excellence in sport management

education worldwide in colleges and universities at the baccalaureate and master's levels through specialized accreditation

Programs, students, employers, and the general public all benefit from the external verification of quality provided through COSMA's accreditation process. They also benefit from the process of continuous quality improvement that is encouraged by COSMA's developmental approach to promoting excellence in sport management education.

Recreation and Sport Management Alumni

In the News

Voice of the Lady Vol Basketball: Brian Rice (B.S. 2005, M.S. 2007)

Congratulations to Brian Rice on being named the play-by-play announcer for Tennessee women's basketball. Brian holds a bachelor's degree in sport management (2005) and a master's in sport studies (2007). UT Athletics reported, "Becoming the third person to hold the role on a full-time basis, Rice joins the Lady Vol Network after [Mickey] Dearstone announced his retirement in the spring of 2022 following 23 seasons of painting a picture on the air for Big Orange followers."



KRSS Faculty Spotlights

Faculty Emeriti

Buck Jones Inducted into the Greater Knoxville Sports Hall of Fame

Former associate professor and department head Buck Jones was inducted into the Greater Knoxville Sports Hall of Fame (Class of 2022). In our department, Jones left a lasting legacy with his work in sport management and our student organization Partners in Sport. From 1982 to 2018, Jones served as public address announcer for UT track and field, as well as cross country meets. He continues his work as official scorer for Tennessee basketball.



“Stepping for Good Health”: David Bassett Featured on WUOT Radio

On August 9, 2022, recently retired professor and department head David Bassett was the featured guest on WUOT's HealthConnections. Bassett spoke about his studies on physical activity and energy expenditure, especially the impact of walking on body weight, blood pressure, blood lipids, and other cardiovascular risk factors, and about how many steps are enough for good health.

Scan the QR code to listen to the interview:



New Faculty Spotlight

Elizabeth (Kip) Webster, Associate Professor

Are you concerned about our children getting enough exercise and living active lives? So is Dr. Kip Webster, who joined Team. KRSS. Dr. Webster's research interests are focused on assessment, interventions, and policies related to fundamental motor skills and physical activity behaviors in pediatric populations. Her research involves school or early childhood education-based programs that target positive health-related outcomes, such as reducing childhood obesity and increasing physical activity, fitness, motor skill competency, and psychological variables related to health. Her recent research has examined the relationship between physical activity/ motor skill competency to screen-time behaviors, academic achievement, as well as early childhood education center policies that directly relate to improving pediatric health. She has received over \$9.5 million in external and internal funding to support her work in pediatric health.

Prior to joining the faculty at UTK, Dr. Webster was an Assistant Professor in the Institute of Public and Preventive Health at Augusta University and an Assistant Professor in the School of Kinesiology at Louisiana State University. At Augusta University, she received the Louis K. Bell Research Award for Augusta University (2022) and the Faculty Research Award in the College of Education (2020). At LSU, she served as a Fulbright Scholar in 2017 (Czech Republic) and received the TAF Undergraduate Teaching Award (2018). Dr. Webster is actively involved in the International Motor Development Research Consortium (I-MDRC) and currently serves as the Secretary.



New PhD Student Spotlight

Ilina Arsova: Trailblazer Reaches New Heights on Rocky Top

This fall, Ilina Arsova made the journey from her native North Macedonia to join our PhD program in Sport Studies with a specialization in socio-cultural studies. Arsova is no stranger to reaching the highest peaks. She's the first Macedonian woman to scale each of *the Seven Summits* and is one of only around 70 women worldwide. The Seven Summits are the highest mountains on seven continents, including Everest and Denali. At UT, her research will focus on focus on women, gender, and mountain sports. Being able to speak 10 languages will serve her well in this endeavor.

Arsova is an alumna of the Global Sports Mentoring Program (facilitated through UT's Center for Sport, Peace, and Society) in 2012. After returning from the program, Ilina developed IKAR Hut as owner and manager. IKAR HUT is a center that offers art workshops, cultural tours, and a myriad of outdoor adventures for the youth of North Macedonia. In 2013, she scaled Mount Everest to become the first woman from Macedonia to reach the world's highest peak, and in 2019 she completed her mountaineering challenge after she successfully climbed Mount Vinson.

In response to her accomplishments, Macedonia is now recognizing mountain sports for female athletes - the first time in the history of the country. In 2019, Arsova became the CEO and creative producer of "This is Her Story," documenting the stories of remarkable women. The project released the first set of short films featuring Balkan female athletes. These short films garnered three awards for mountain films and official selections on many prestigious international mountain film festivals.

Arsova is also an accomplished artist, having received a Bachelor's of Art in Arts Pedagogy and Painting from the University of St. Cyril and Methodius in Skopje, Macedonia (2005), along with a Master's in Languages, Business and International Trade from the University of Orleans-France and University St. Cyril and Methodius (2008).



Welcome to Rocky Top, Ilina Arsova!

Therapeutic Recreation Proudly Presents...



We are so excited to announce our newest camp program: Camp Isagoge!

Isagoge is the English version of the Greek word meaning “introduce” or “lead into.” Isagoge is pronounced “ee-suh-goh-jee” and was created specifically for elementary aged children (Kindergarten through 5th) with multiple disabilities.

Camp Isagoge is designed to be an introduction to the camp experience for new elementary-aged campers. This will be a one day, day-camp experience that is fashioned and structured like our current camp programs. We will have camp activities, lunch, and a special event!

We cannot wait to meet our new families and campers! If you have any questions about Camp Isagoge, please contact the TREE Team via email at trcamps@utk.edu or by phone at 865-974-4363.

We have more exciting details coming up (like opening the Camp Isagoge application), so check back here to stay up to date on the latest news!

Notable KRSS Alumni

Our graduates make an impact in the world. Here are a few examples:

Shane Beamer (2003) is Head Football Coach at the University of South Carolina. He was named head coach prior to the 2021 season after spending 21 seasons in the assistant coaching ranks including stops at Mississippi State, Virginia Tech, Georgia, and Oklahoma.

Kevin Ross (1997) is the Managing Director International for YETI. He leads the growth strategy and business operations for Yeti-owned subsidiaries across the United Kingdom, Europe, Australia, and New Zealand. He has held senior level management position with Under Armour, TaylorMade Golf, and adidas.

John Currie (2003) was named the Director of Athletics at Wake Forest University in 2019. An award-winning college athletics leader with 29 years of experience in the ACC, Big 12 and SEC, Currie previously served as athletics director at Kansas State and Tennessee.

Mark Ingram (1996, 1997) has been UAB's Director of Athletics since 2015. Ingram has guided the UAB Department of Athletics through its most unique and unprecedented era of collegiate athletics with the reinstatement of football while experiencing record-setting performances on the fundraising trail and in the classroom.

Alumni Spotlight: Jacques McClendon (2010)

McClendon is Director of Football Affairs with the Los Angeles Rams, leading and aligning Player Affairs and Alumni Affairs. He also oversees player integration into the overall organizational strategy. He spent 7 years as a NFL player which included time with Colts, Jags and Dolphins. A four-year letterman at the University of Tennessee, McClendon was an Academic All-SEC choice and holds a bachelor's degree in Economics and master's degree in Sports Management, both from Tennessee. He holds an Athlete Development Professional Certificate from the Wharton School at UPenn.





Sport and Religion Research Alliance

The Department of Kinesiology, Recreation, and Sport Studies is home to the **Sport and Religion Research Alliance (SRRA)**.

Under the leadership of Drs. Waller, Hardin, and Dzikus, the Alliance (a) conducts contextualized research (the convergence of sport, religion, and spirituality), (b) disseminates findings from significant studies in the area of sport and religion, (c) engages in collaborative programming (e.g., speakers, webinars, mini-conferences) with our internal and external partners where appropriate.



Dr. Steven Waller

Upcoming Event

Campus Lecture: The Church as a Multicultural Sports Team: Ministry Leadership Development for God's Coaching Staff



The Sport and Religion Research Alliance will host a lecture by **Dr. Taunya Marie Tinsley on Thursday, November 3, 2022 from 6:00-8:00 p.m. in the Student Union.**

The lecture will provide a framework for the creation of a specific model of ministry for **the holistic development of the athlete population that includes spiritual and pastoral care and mental health counseling.**

Dr. Tinsley is the owner of Transitions Counseling Service LLC and Life Skills Program that includes a ministry division, Love and Basketball Ministries, where she provides individual, marriage, family and group counseling services, consultative services, and leadership development training. She is both a National Certified Counselor (NCC) and Licensed Professional Counselor (LPC).

She has over 25 years of experience working in the fields of clinical counseling, higher education, athletic administration, and with culturally relevant ministries.



KINESIOLOGY, RECREATION & SPORT STUDIES

Give to KRSS

The Department of Kinesiology, Recreation, and Sport Studies is grateful for the continued generosity of its many supporters. This generosity plays a large part in the department's ability to provide financial support for our students and faculty. Interested parties may contribute to the department's general enrichment fund or to more specialized funds.

Unrestricted Funds

The Kinesiology, Recreation, and Sport Studies Support Fund was established for the purpose of supporting faculty and student exploratory research and new instructional initiatives. The funds are distributed by the department head only when faculty (and students who are working with faculty) submit proposals and budget justification statements that describe the purpose and need for the project and what the outcomes will be if the project is funded. Often, support funds are used as seed money to support new research and teaching initiatives that lead to the preparation of much larger proposals.

Aim your camera at this image to **donate to the KRSS Support Fund:**

Or visit: <https://krss.utk.edu/support-krss/>



Restricted Funds

The department also has specific funds which support particular aspects of its programs and centers. Restricted gifts may be made to the funds below.

Exercise Science Support Fund

Biomechanics-Sports Medicine Enrichment Fund

Camp Koinonia Fund

Sport and Religion Research Alliance

Partners in Sports Endowment

Andy Kozar Graduate Research Scholarship Endowment

Dr. Craig Wisberg Endowment

Joan Cronan Lady Vol Graduate Fellowship Endowment

Sport and Physical Activity Support Fund